



FIDGET TOOL POLICY

Approved: July 2026
Review date: July 2027

1. Rationale

At Southway Junior School, we recognise that some pupils may benefit from the use of 'fidget to focus' tools (also known as fiddle toys or concentration aids) to support focus, self-regulation, and inclusion in the classroom.

This policy sets out how and when 'fidget to focus' tools may be used to ensure they serve as learning aids without causing distraction.

2. Aims

- To enable pupils who need fidget tools for educational reasons to use them effectively
- To minimise disruption and maintain a positive learning environment for all pupils
- To ensure fair and consistent application of this policy across the school

3. Definition

'Fidget to focus' tools are small, handheld items designed to occupy pupils' hands and help them focus. Examples include:



4. Guidelines for Use

- 'Fidget to focus' tools are only permitted for pupils with a need identified by the school.
- If a 'fidget to focus' tool is required, it will be provided by the school.
- Teachers will regularly assess the impact of fidget tools on pupil engagement and focus.
- The type of 'fidget to focus' tool used will be agreed upon between the pupil, SENDCo and the class teacher.
- 'Fidget to focus' tools must be small, quiet, and not visually distracting.
- They are to be used as a tool for concentration, not as a toy for playtime or social interaction.
- 'Fidget to focus' tools are for individual use and must not be shared between pupils.

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Headteacher: Mrs V Smith

NB Chew aids can only be used in class after a meeting with parents and SENDco has taken place and a waiver has been signed.

5. Use in Classrooms

- Teachers will remind pupils that 'fidget to focus' tools should not distract others.
- If a 'fidget to focus' tool becomes a distraction (e.g. is thrown, used to make noise, or used during inappropriate times), the teacher may withdraw its use and discuss alternative strategies with the SENDco, pupil and parents/carers.
- 'Fidget to focus' tools are not permitted during practical lessons (e.g. PE, science experiments) unless agreed by the teacher for a specific purpose.
- All classes have access to a regulation station containing 'fidget to focus' tools which children can access if required during the day.

6. Communication

This policy will be shared with all staff, and parents/carers. It will be available on the school website and included in the staff handbook.

Fidget toy rules



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