



Southway Junior School Newsletter

May 2024

Learning and Achieving Together



Dear families,

Another busy few weeks at Southway Junior School as the sun finally begins to shine. As you may be aware the children in Year 6 have been preparing themselves to sit their SATs. All three classes have been calmly practising so that they can do their very best. The Year 6 children at Southway continue to have a broad and balanced curriculum and I have been enjoying hearing the children singing, doing athletics and completing science projects as well as preparing for next week. I know that the year 6 team are delighted with all the children and their efforts in their learning throughout the year as a whole.

I have been popping into classes this week to see children learning in maths. They are demonstrating fluency with numbers and identifying errors in calculations when they arise with confidence. Mr Ridgewell (Maths lead) has been impressed by the range of tasks and the level of challenge in maths books too.

Please do contact the office if you would like to come in and meet with me or share your views this **Thursday afternoon from 2:30.**

I hope you all have an enjoyable weekend in the sunshine.

Mrs V. Smith

Musical Talent

We are now delighted to offer guitar, piano and violin tuition at Southway, in addition to Rocksteady bands for electric guitar, bass, drums, keyboard players and singers! Please contact the office for further details. We have an extra keyboard group starting this week. Places still available!!



Friends of Southway

The Friends of Southway would like to thank everyone who came along to the Family Quiz night last week. We had a great evening and raised over £400 for the school!

Congratulations to second time winners; The Unteachables! And a massive thank you to all the members of FoS and the staff teams too. If you would like to be involved in the PTA and think you could spare some time, we'd love to meet you! We need help with upcoming events and planning fundraisers.

Playtime News



Our new trim trail is proving most popular at playtimes!

Pupil Voice

Sports and House captains met with me this week to talk about the Uniform policy at Southway. Once finalised, I shall be sending out a copy for you all to read ready for September. The children had lots to say about their uniform rules. One thing they all particularly loved to do was to wear their own clothes on their birthdays.

House Points

Hill	1296
Beacon	1267
Dyke	1230
Cliff	1167

Attendance

Whole school attendance 95.6%
(25.4.24 – 9.5.24)

Highest class attendance is:
★ HAWKING (Year 3) – 97.1% ★



Tel: 01444 233824
www.southwayjunior.co.uk
parentline@southwayjunior.co.uk





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THE ZONES OF REGULATION

A CURRICULUM DESIGNED TO FOSTER SELF-REGULATION AND EMOTIONAL CONTROL

Next week is mental health awareness week. As part of this, Mr Blanchard will be leading an assembly and we will be doing some extra teaching on the Zones of regulation. From time to time, all of us, including adults, find it hard to manage strong feelings such as worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively. Children who feel these emotions often find it hard to learn and concentrate in school. The Zones of Regulation aim to teach children strategies to help them to identify their emotions and cope with these feelings so they can get back to feeling calm and ready to learn. These coping strategies are called 'self-regulation'.

- ✓ **The Blue Zone** – used to describe low states of alertness such as feeling sad, tired, sick or bored. The body or brain is moving sluggishly.
- ✓ **The Green Zone** – used to describe a regulated state of alertness such as feeling calm, happy, focussed or content. This zone is generally needed for school work, being social and ready to learn. It shows control.
- ✓ **The Yellow Zone** – used to describe a heightened state of alertness, but with some control (such as when experiencing stress, frustration, anxiety, excitement, silliness, nervousness, confusion - slightly elevated emotions being fidgety, wiggly, squirmy or sensory seeking.
- ✓ **The Red Zone** – used to describe extremely heightened states of alertness or very intense feelings such as feeling anger, rage, and explosive behaviour, panic, terror or elation. Look out for next week's newsletter when some Southway children will share their top tips on how to use the zones.

Dates for your Diary

Fri 10th May – Shakespeare class assembly
 w/c 13th May – Y6 SATS test
 Mon 13th May – Y5/Y6 Girls' Cricket at St. Pauls
 Thurs 16th May – Headteacher pop in (2:30)
 Fri 17th May – Y3 Roman Walk (am)
 Tue 21st May – Y6 Chessington Trip
 Fri 24th May – INSET Day (school closed)
 Mon 27th – Fri 31st May – Half term holiday
 Mon 3rd June – Children return
 Tues 4th June – Y5 Seven Sisters Trip
 Thurs 6th-Fri 7th June – Y4 Lodge Hill Residential
Weds 19th June Sports Morning & Family Picnic
 (weather permitting!)



Noticeboard



Just a reminder that children should please bring water bottles, sunhats & sun cream to school as the weather warms up. As it can be unpredictable, please also ensure that they have a waterproof coat in school every day.

Thank you.



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Achievements



Well done to all these children who have had some fantastic achievements out of school recently. They have been busy in swimming, gymnastics, rugby, football, Brownies, karate and cycling. What an energetic & enthusiastic group they are!

